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2026 SUN CITY SCHOOLS NETBALL COURSES AND TOURNAMENTS

Egalite Promotions hosts a range of different courses and/or tournaments at the Sun City resort. Dorette Badenhorst (former Protea coach) was appointed as Director of Netball for Egalite Promotions on 1 January 2018. Her main responsibilities are to develop and present netball courses and tournaments at Sun City.

Sun City offers the perfect balance for schools pre-season preparations, team building, team selections and those unforgettable memories at this world class resort.

Following on the successes achieved with various sporting courses/tournaments staged at Sun City during the past 20 years, the following netball courses/ competitions are planned for 2025. Herewith some information regarding the programs for the different courses. Please read through all other information as well.

PLEASE NOTE: THIS IS SUBJECT TO CHANGE AND A MORE DETAILED PROGRAM WILL BE GIVEN BEFORE EACH EVENT

Quick info:

Use this link to enter: <https://forms.gle/eVxJdb8ByGwDLHnT6>

2026 NETBALL EVENTS

Code	Date	Type of course	Activity	Price
N1	13 - 16 March 2026	Primary schools coaching course and Level 1 & 2 umpires course	Coaching for players and coaches, Umpiring	R 4 250
<ul style="list-style-type: none"> • Space for 15 teams which consists of 12 people. (See accommodation rules) • Arrival: Friday (13 March) at 12:00 to start @13:00 • Departure: Monday (16 March) - Course ends @ 11:00. You will be allowed to stay longer to enjoy the Valley of the Waves some more. 				
<p>Format: Aspects to be covered (Coaching - coaches & players)</p> <ul style="list-style-type: none"> • Attacking and defensive skills • Specialization: Individual and combination • Circle play - attack and defense • Center passes - attack and defense • Throw in - attack and defense • Instructional play • Matches on the last day - this will also be used to do Level 1 & 2 gradings for umpires who attended the course <p>For Umpires:</p> <ul style="list-style-type: none"> • 4 hours of theory - rule discussions • Level 1 & 2 exams • Grading on level 1 & 2 on the last days of matches • Coaches that are part of the teams may also enroll for the umpires course and to be graded. • Any individual umpire (without your teams), may also enroll for this course. <p>NOTE: A more detailed program will be handed out before the course. Number of teams and age groups are taken into consideration with each course and might differ from one course to the next.</p>				
<p>Fees include:</p> <ul style="list-style-type: none"> • A tournament gift • Accommodation in the Sun Vacation Club at Sun City - see accommodation rules. • All meals except for one evening's dinner which will be on your own account. • Permanent access to the "Valley of Waves". • Specialized coaching by Dorette Badenhorst and her team of experienced and well-trained coaches. 				

Code	Date	Type of course	Activity	Price
N2	16 - 18 March 2026	Short course - Primary school - coaching/tournament (u/10 - u/13)	Specialized coaching and tournament	R 2 950
N3	18 - 20 March 2026	Short course - Primary school - coaching/tournament (u/10 - u/13)	Specialized coaching and tournament	R 2 950

- Space (in each course) for 15 teams which consists of 12 people. (See accommodation rules)
- Arrival for N2: Monday 16 March at 12:00 - course starts at 13:00. (Schools flying in or traveling far will be accommodated to catch up sessions)
- Departure for N2: Wednesday, 18 March at 15:00 (Earlier departure can be arranged for school traveling far or flying out).
- Arrival for N3: Wednesday, 18 March at 8:00. Matches will start at 9:00.
- Departure for N3: Friday, 20 March at 12:00.

Format:

The focus of this event will be on specialized coaching regarding all positions on court, combinations of the positions (different areas) and also systems on court - center passes, throw-ins and defensive setups.

Fees include:

- A tournament gift
- Accommodation in the Sun Vacation Club at Sun City - see accommodation rules.
- All meals except for dinner on the night before departure (Tuesday evening for N2 and Thursday evening for N3).
- Permanent access to the "Valley of Waves".
- Specialized coaching by Dorette Badenhorst and her team of experienced and well-trained coaches.

N2: Coaching (Note: A more detailed program to be sent closer to the course.)

Arrival and lunch on Monday 16 March at 12:00. Coaching starts at 13:00. Tuesday (17 March) will also have a full day of coaching and free time to spend at the Valley of the Waves.

Wednesday 18 March: Match day (Tournament style)

The schools that attend the N2 course will join the schools coming in for the N3 course and matches will be played the whole day in order to give all schools a lot of matches against different schools.

N2 schools: Departure at 15:00

N3 schools: Arrival at 8:00

****Earlier departure or later arrival for far traveling schools can be arranged in the program**

N3: Coaching (Note: A more detailed program to be sent closer to the course.)

Thursday 19 March will be a full day of coaching and some free time to spend at the Valley of the Waves. Friday, 20 March coaching will be until 12:00 thereafter schools can depart or spend some more time at the Valley of the Waves.

Code	Date	Type of course	Activity	Price
N4	20 - 23 March 2026	Exclusive First teams coaching/tournament with umpires course and grading for Level 3	Coaching/ Tournament	R 4 250
<ul style="list-style-type: none"> • Space for 10 teams which consists of 12 people. (See accommodation rules) • Arrival: Friday, 20 March) at 13:00 to start @14:00 • Departure: Monday, 23 March - Course ends @ 11:00. You will be allowed to stay longer to enjoy the Valley of the Waves some more. 				
<p><u>Format:</u> Aspects to be covered</p> <ul style="list-style-type: none"> • Attacking and defensive skills • Specialization: Individual and combination • Circle play - attack and defense • Center passes - attack and defense • Throw in - attack and defense • Instructional play • Matches each day: Gradings for umpires attending the level 3 umpires course will be done on these matches. <p><u>For Umpires:</u></p> <ul style="list-style-type: none"> • 6 hours of theory - rule discussions • Level 3 exams only • Grading on level 3 on the matches during the weekend • Coaches that are part of the teams may also enroll for the umpires course and to be graded. • Any individual umpire (without your teams), may also enroll for this course. <p>NOTE: A more detailed program will be handed out before the course. Number of teams and age groups are taken into consideration with each course and might differ from one course to the next.</p>				
<p><u>Fees include:</u></p> <ul style="list-style-type: none"> • A tournament gift • Accommodation in the Sun Vacation Club at Sun City - see accommodation rules. • All meals except for one dinner, which will be for your own account. • Permanent access to the "Valley of Waves". • Specialized coaching by Dorette Badenhorst and her team of experienced and well-trained coaches. 				

Code	Date	Type of course	Activity	Price
N5	23 - 25 March 2026	Short course - High school - coaching/tournament (u/14 - u/18)	Specialized coaching and Tournament	R 2 950
N6	25 - 27 March 2026	Short course - High school - coaching/tournament (u/14 - u/18)	Specialized coaching and Tournament	R 2 950
<ul style="list-style-type: none"> • Space (in each course) for 15 teams which consists of 12 people. (See accommodation rules) • Arrival for N5: Monday 23 March at 12:00 - course starts at 13:00. • Departure for N5: Wednesday, 25 March at 15:00 (Earlier departure can be arranged for school traveling far or flying out). • Arrival for N6: Wednesday at 8:00. Matches will start at 9:00 • Departure for N6: Friday at 12:00. 				
<p>Format: The focus of this event will be on specialized coaching regarding all positions on court, combinations of the positions (different areas) and also systems on court - center passes, throw-ins and defensive setups.</p>				
<p>Fees include:</p> <ul style="list-style-type: none"> • A tournament gift • Accommodation in the Sun Vacation Club at Sun City - see accommodation rules. • All meals except for one dinner which will be on your own account. • Permanent access to the "Valley of Waves". • Specialized coaching by Dorette Badenhorst and her team of experienced and well-trained coaches. 				
<p><u>N5: Coaching (Note: A more detailed program to be sent closer to the course.)</u> Arrival and lunch on Monday 23 March at 12:00. Coaching starts at 13:00. Tuesday (24 March) will also have a full day of coaching and free time to spend at the Valley of the Waves.</p>				
<p><u>Wednesday 25 March 2025: Match day (Tournament style)</u> The schools that attend the N5 course will join the schools coming in for the N6 course and matches will be played the whole day in order to give all schools a lot of matches against different schools. N5 schools: Departure at 15:00 N6 schools: Arrival at 8:00 **Earlier departure or later arrival for far traveling schools can be arranged in the program</p>				
<p><u>N6: Coaching (Note: A more detailed program to be sent closer to the course.)</u> Thursday 26 March will be a full day of coaching and some free time to spend at the Valley of the Waves. Friday, 27 March coaching will be until 12:00 thereafter schools can depart or spend some more time at the Valley of the Waves.</p>				

Code	Date	Type of course	Activity	Price
N7	10 - 12 April 2025	Pink Mink journey u/6 - u/10	Coaching - mini netball for coaches and players	R 2950
<ul style="list-style-type: none"> Space for 150 people Arrival: Friday 12:00 to start @13:00 Departure: Sunday - Course ends @ 12:00 				
<p>Format:</p> <ul style="list-style-type: none"> Mother/Father (or guardian) of the player and one or more players between the ages of 6 and 10 years. (It should be the age they turn in 2026). If the whole family wants to come and enjoy Sun City and only one parent joins in the coaching sessions with the player, that is also a great option. This event is also open for schools to bring their teams (teams must be multiples of 12 and should have enough accompanying adults) It is also a great event to send your mini-netball coaches to. <p>Link to enter for Pink Mink: https://forms.gle/9ZqUNCng2FW3aoFA6</p>				

Code	Date	Type of course	Activity	Price
N8	13 - 15 April 2026	Combined coaching/tournament (u/12 - u/18)	Specialized coaching and Tournament	R 2 950
N9	15 - 17 April 2026	Combined coaching/tournament(u/12 - u/18)	Specialized coaching and Tournament	R 2 950
<ul style="list-style-type: none"> Space (in each course) for 15 teams which consists of 12 people. (See accommodation rules) Arrival for N8: Monday 13 April 2025 at 12:00 - course starts at 13:00. Departure for N8: Wednesday, 15 April at 15:00 (Earlier departure can be arranged for school traveling far or flying out). Arrival for N9: Wednesday, 15 April at 8:00. Matches to start at 9:00. Departure for N9 Friday, 17 April at 12:00. 				
<p>Format:</p> <p>The focus of this event will be on specialized coaching regarding all positions on court, combinations of the positions (different areas) and also systems on court - center passes, throw-ins and defensive setups.</p>				
<p>Fees include:</p> <ul style="list-style-type: none"> A tournament gift Accommodation in the Sun Vacation Club at Sun City - see accommodation rules. All meals except for one dinner, which will be for your own account. Permanent access to the "Valley of Waves". Specialized coaching by Dorette Badenhorst and her team of experienced and 				



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well-trained coaches.

N8: Coaching (Note: A more detailed program to be sent closer to the course.)

Arrival and lunch on Monday 15 April at 12:00. Coaching starts at 13:00. Tuesday (16 April) will also have a full day of coaching and free time to spend at the Valley of the Waves.

Wednesday 17 April 2026: Match day (Tournament style)

The schools that attend the N8 course will join the schools coming in for the N9 course and matches will be played the whole day in order to give all schools a lot of matches against different schools.

N8 schools: Departure at 15:00

N9 schools: Arrival at 8:00

****Earlier departure or later arrival for far traveling schools can be arranged in the program**

N9: Coaching (Note: A more detailed program to be sent closer to the course.)

Thursday 18 April will be a full day of coaching and some free time to spend at the Valley of the Waves. Friday, 19 April coaching will be until 12:00 thereafter schools can depart or spend some more time at the Valley of the Waves.

Code	Date	Type of course	Activity	Price
N10	27 April - 29 April 2026	Combined coaching/tournament (u/12 - u/18)	Specialized coaching and Tournament	R 2 950
N11	29 April - 1 May 2026	Combined coaching/tournament (u/12 - u/18)	Specialized coaching and Tournament	R 2 950

- Space (in each course) for 15 teams which consists of 12 people. (See accommodation rules)
- Arrival for N10: Monday 27 April 2025 at 12:00 - course starts at 13:00.
- Departure for N10: Wednesday, 29 April at 15:00 (Earlier departure can be arranged for school traveling far or flying out).
- Arrival for N11: Wednesday, 29 April at 8:00. Matches to start at 9:00.
- Departure for N9 Friday, 1 May at 12:00.

Format:

The focus of this event will be on specialized coaching regarding all positions on court, combinations of the positions (different areas) and also systems on court - center passes, throw-ins and defensive setups.

Fees include:

- A tournament gift
- Accommodation in the Sun Vacation Club at Sun City - see accommodation rules.
- All meals except for one dinner, which will be for your own account.
- Permanent access to the "Valley of Waves".
- Specialized coaching by Dorette Badenhorst and her team of experienced and well-trained coaches.

N10: Coaching (Note: A more detailed program to be sent closer to the course.)

Arrival and lunch on Monday 27 April at 12:00. Coaching starts at 13:00. Tuesday, 28 April will also have a full day of coaching and free time to spend at the Valley of the Waves.

Wednesday 29 April 2026: Match day (Tournament style)

The schools that attend the N10 course will join the schools coming in for the N11 course and matches will be played the whole day in order to give all schools a lot of matches against different schools.

N10 schools: Departure at 15:00

N11 schools: Arrival at 8:30

****Earlier departure or later arrival for far traveling schools can be arranged in the program**

N11: Coaching (Note: A more detailed program to be sent closer to the course.)

Thursday 30 April will be a full day of coaching and some free time to spend at the Valley of the Waves. Friday, 1 May coaching will be until 12:00 thereafter schools can depart or spend some more time at the Valley of the Waves.



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RULES FOR ACCOMMODATION

Accommodation for the event has been arranged at the Sun City Vacation Club in luxury self-catering, fully equipped units, consisting of 6 sleeper units. The accommodation consists of 1 double bedroom (en suite), 1 x 2 singles bedroom (en suite) and 2 sleeper couches (all bedding available inside a cupboard in the rooms). Residents of units will be responsible for the cleanliness of their units. However, the daily servicing of the units (beds, dishes, etc) are included in the package. All bedding, cutlery and crockery and towels (bath) will be provided. Only bring your own swimming towels. .

Unfortunately no accommodation for the night before or after a tournament will be available inside Sun City for the schools attending a weekend course.

ONLY far traveling schools (flying in from CT, KZN, Namibia etc.), attending the **short courses** can request accommodation for the previous night if it is due to flight schedules. This will be subject to availability and prices will vary according to where a booking can be made. If you need an extra night's accommodation because of travel arrangements, you need to phone Tharina at 0828224117 or send a WhatsApp message in order to make this arrangement. NO EXCEPTION will be made for teams who just want to stay longer. Then you should make use of guest houses in Rustenburg.

SIZE AND COSTS OF TEAM(S)

A team consists of 12 persons, **all of the same gender**. It may be made up to satisfy your needs. **Make sure that the number of participants that are entered for this event is a multiple of six as the units are awarded accordingly.** You will be awarded 1 unit for every six people entered. If a number that is not a multiple of six, is entered, your school will be invoiced for the amount per full unit. In other words:

You can bring 18 people then you will be awarded 3 units and invoiced R2950 or R4250 x 18 people. Should you enter only 17 people you will still be liable for the amount as for 18 people. No extra mattresses allowed in units, therefore you cannot enter a number one or two over the multiple of six. Should you still prefer to bring such a number of people, you will be charged for an extra unit.

ENTRIES

As only a limited number of teams may enter the competition - interested schools are requested to enter as soon as possible by simply filling in this google link. If you have any queries or special requests regarding your entry, please contact Tharina Opperman at 0828224117 before entering. WhatsApp messages are welcome.

<https://forms.gle/eVxJdb8ByGwDLHnT6>

TRANSPORT

Teams flying in must book their flights to land preferably at **Lanseria International Airport**. Transport between Lanseria/OR Tambo and Sun City (return) will be made available to teams at a cost of R250 per person. This will only contribute to the total cost of the shuttles. Teams have to arrive before 10h00 the day of the commencement of the event and depart not before 17h00 on the day of completion of the event. Any other transport will be for your own account. Should you travel to and from OR Tambo, you should also consider that it takes a minimum of 90 minutes extra to reach Sun City and you will have to take the earliest possible flight (refer to the program regarding time of arrival and finishing of courses)



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Buses: Teams traveling by road must arrange all transport to Sun City. Egalite Promotions is not responsible for any arrangements regarding bus transport and/or the driver of the bus company. The bus can drop you off and fetch you on the day of departure - location of drop-off and pick-up will be arranged prior to each course. **If your bus stays, the accommodation and meals of drivers is the school's own responsibility. Assistance to make bookings in one of the hotels is on offer. Additional amount will be invoiced to your school's account.**

PAYMENTS and CLOSING DATE

A non-refundable entry fee (deposit) of **R 10 000 per team** is payable on or before the closing date (30 November 2025). Entries of schools that haven't paid their deposits by the closing date will be canceled. Early closing of a course will be due to maximum entries reached (refer to program to see how many teams will be allowed at each course)

All outstanding fees must be paid not later than **30 days** prior to the commencement date of the specific event. Deposit to be deducted from final payment.

MEALS

All meals will be served in the tennis hut and will be served accordingly:

Short courses:

Monday - Wednesday courses:	Wednesday - Friday courses:
Monday: Lunch upon arrival	Wednesday morning: NO BREAKFAST
Monday: Dinner	Wednesday afternoon: Lunch
Tuesday: Breakfast	Wednesday evening: Dinner
Tuesday: Lunch	Thursday morning: Breakfast
Tuesday evening: Own dinner	Thursday afternoon: Lunch
Wednesday: Breakfast	Friday morning: Breakfast
Wednesday: Lunch before departure	Friday afternoon: Lunch before departure

Weekend courses (Friday to Monday)

- Breakfast: Saturday, Sunday, Monday
- Lunch: Friday, Saturday, Sunday, Monday
- Dinner: Friday, Saturday

The following will be available throughout the event at the Tennis hut:

- Tea, coffee and juices
- Water and ice for water bottles
- The tuck shop - water, Energade, soft drinks and some sweets available. Card facilities available.



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ACCESS TO CONTROLLED AREAS

Each person will receive a Resident's Card which entitles him/ her to make use of the bus service between the Vacation Club and the rest of the Sun City Complex, as well as to enter areas such as the Valley of Waves.

Coaches and players will have the opportunity to spend some time in the Valley of Waves. Your Valley of the waves ticket is valid for the whole day after finishing the course, should you wish to stay longer and enjoy the Valley afterwards. When visiting the Valley of the Waves make sure you have the band to put around your wrist and the white slips from Vacation club. You won't be able to enter without both of them. Take note that no food or beverages, even water bottles (even though they are empty) will be allowed inside the Valley of the Waves. Make sure to leave it inside your bus or at the courts.

The bus service transports residents between the Vacation Club, all hotels and the Entertainment Centre in Sun City every 20 minutes, 24 hours per day.

DISCIPLINE

Discipline of a very high standard will be maintained. Disciplinary action will be taken against persons who do not adhere to instructions issued during the event.

CONTACT INFORMATION

More information is available on request. Please contact:

Tharina Opperman

tharinanetbal@gmail.com

082 822 4117

See you at Sun City in 2026!

HARDY BOTHA
EGALITE PROMOTIONS

THARINA OPPERMAN
NETBALL EVENTS COORDINATOR